# Hypersurfaces and Isoperimetric Inequalities in Cartan-Hadamard Manifolds

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This is usually expressed as an inequality between the area A and boundary length L of a plane domain:

### Theorem (The Isoperimetric Inequality)

Let  $\Omega$  be a bounded domain in  $\mathbb{R}^2$ , with area A and boundary length L.

Then  $L^2 \ge 4\pi A$ , with equality precisely if  $\Omega$  is a disk.

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In higher dimensional Euclidean spaces, the ball is again the unique domain which maximizes volume for perimeter:

### Theorem (The Isoperimetric Inequality)

Let  $\Omega$  be a bounded domain in  $\mathbb{R}^n$ , of volume  $|\Omega|$  and perimeter  $|\partial \Omega|$ .

Then  $|\partial \Omega|^n \geq \frac{\sum_{n=1}^{n}}{B_n^{n-1}} |\Omega|^{n-1}$ , with equality precisely if  $\Omega$  is a ball.

 $\Sigma_{n-1}$  denotes the area of the unit (n-1)-sphere and  $B_n$  the volume of the unit *n*-ball.

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More generally, the same statement is true in complete, simply connected spaces of constant curvature – spheres  $\mathbb{S}_{\kappa}^{n}$  and hyperbolic spaces  $\mathbb{H}_{\kappa}^{n}$  as well as Euclidean space:

The unique domain with the largest volume for a fixed perimeter is a geodesic ball.

A generalization of the isoperimetric inequality allows any closed hypersurface (or curve in the plane), non necessarily embedded, in place of the boundary  $\partial \Omega$  of a domain  $\Omega$ .

One of the earliest proofs of the isoperimetric inequality naturally addresses this case:

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One of the earliest proofs of the isoperimetric inequality naturally addresses this case:

Let *M* be a closed curve in  $\mathbb{R}^2$ , not necessarily simple, of length *L*.

Let  $\Omega_1, \ldots, \Omega_k$  be the bounded components of the complement of *M* and let  $w_i$  be the winding number of *M* about  $\Omega_i$ .

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Theorem (Hurwitz [Hu1901], see also Osserman [Os78])

$$L^{2} \geq 4\pi \left( \sum_{i=1}^{k} w_{i} |\Omega_{i}| \right).$$
<sup>(1)</sup>

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### Theorem (Radó [Rad47])

$$L^2 \ge 4\pi \left(\sum_{i=1}^k |w_i| |\Omega_i|\right).$$
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### The Banchoff-Pohl Inequality

Let *M* be a closed curve in  $\mathbb{R}^2$ , not necessarily simple, of length *L*.

Let  $\Omega_1, \ldots, \Omega_k$  be the bounded components of the complement of *M* and let the winding number of *M* about  $\Omega_i$  be  $w_i$ .

Theorem (Banchoff-Pohl [BP71], see also [Pohl68])

$$L^2 \ge 4\pi \left( \sum_{i=1}^k w_i^2 |\Omega_i| \right). \tag{3}$$

Equality holds if and only if M is a circle, or several coincident circles, each traversed in the same direction some number of times.

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This can also be expressed as an integral in terms of the winding number of *M*:

Let w(M,p) be the winding number of *M* about a point *p* in  $\mathbb{R}^2$ :

$$L^{2} \geq 4\pi \int_{\mathbb{R}^{2}} w^{2}(M, p) dp, \qquad (4)$$

with equality if and only if *M* is a circle, possibly with multiplicity as above.

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For an oriented, affine (n-m-1)-plane E, let  $\lambda(M, E)$  be the linking number of M about E.

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Let  $H_{n-m-1}$  be the space of such *E* and let *dE* be a measure on  $H_{n-m-1}$  which is invariant under the action of the Euclidean isometry group. Then:

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$$\iint_{\mathcal{N} \times \mathcal{M}} \frac{1}{r^{m-1}} dVol_{\mathcal{M} \times \mathcal{M}} \ge K_{n,m} \int_{H_{n-m-1}} \lambda^2(\mathcal{M}, E) dE.$$
(5)

Equality holds if and only if M is a round sphere in an affine (m+1)-plane, possibly with multiplicity.

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$$\iint_{\mathcal{N}\times M} \frac{1}{r^{m-1}} dVol_{M\times M} \ge K_{n,m} \int_{H_{n-m-1}} \lambda^2(M, E) dE.$$
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Equality holds if and only if M is a round sphere in an affine (m+1)-plane, possibly with multiplicity.

Note that for a hypersurface  $f: M^{n-1} \to \mathbb{R}^n$ , this says:

$$\iint_{M \times M} \frac{1}{r^{n-2}} dVol_{M \times M} \ge K_n^* \int_{\mathbb{R}^n} w^2(M, p) dp,$$
(6)

where w(M, p) is the winding number of M about a point p.

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The conjecture that the isoperimetric inequality holds in complete, simply connected Riemannian manifolds with non-positive sectional curvature has appeared in the work of Aubin [Aub76], Burago-Zalgaller [BZ13] and Gromov [Gr07].

These spaces are known as Cartan-Hadamard spaces, and the conjecture is often called the Cartan-Hadamard conjecture.

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### Conjecture (The Cartan-Hadamard Conjecture)

let  $\Omega$  be a bounded domain in a complete, simply connected Riemannian n-manifold  $\mathscr{H}^n$  with non-positive sectional curvature.

Then  $|\partial \Omega|^n \geq \frac{\sum_{n=1}^n}{B_n^{n-1}} |\Omega|^{n-1}$ , with equality precisely if  $(\Omega, \partial \Omega)$  is isometric to a ball  $(B^n, S^{n-1})$  in  $\mathbb{R}^n$ .

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The conjecture is known to be true in dimensions 2, 3 and 4, by work of Weil [We26] and Beckenbach-Radó [BR33], Kleiner [Kl91] and Croke [Cr84] respectively, and is open in dimensions  $\geq$  5.

Let  $f: M^{n-1} \to \mathcal{H}^n$  be an immersion of a closed, oriented hypersurface M in a Cartan-Hadamard manifold  $\mathcal{H}$ .

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Then:

$$\iint_{M \times M} \frac{1}{r^{n-2}} dVol_{M \times M} \ge K_n^{\star} \int_{\mathscr{H}} w^2(M, p) dp, \tag{7}$$

with equality if and only if M is the boundary, possibly with multiplicity, of a domain  $\Omega$  isometric to a ball in  $\mathbb{R}^n$ .

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with equality if and only if M is the boundary, possibly with multiplicity, of a domain  $\Omega$  isometric to a ball in  $\mathbb{R}^n$ .

In particular, if *M* is a closed curve of length *L* in a Cartan-Hadamard surface  $\mathcal{H}^2$ ,  $\Omega_1, \ldots, \Omega_k$  are the bounded components of the complement of *M* and  $w_i$  is the winding number of *M* about  $\Omega_i$ ,

$$L^2 \ge 4\pi \left(\sum_{i=1}^k w_i^2 |\Omega_i|\right),\tag{8}$$

with equality only for boundaries of flat disks. This 2-dimensional case has also been proven by Howard [How98].

Proof outline:

1.) The space of oriented geodesics in a Cartan-Hadamard manifold  $\mathcal{H}^n$  is canonically a symplectic manifold, diffeomorphic to the tangent bundle of the (n-1)-sphere.

This space can be defined as the quotient of the unit tangent bundle  $U(\mathcal{H})$  by the geodesic flow.

We will denote this space  $\mathcal{G}$  and its symplectic form dl.

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2.) Given an immersion  $f: M^m \to \mathcal{H}^n$  of a closed, oriented manifold M in  $\mathcal{H}$ , we have an a.e.-defined secant mapping  $\mathcal{S}: M \times M \to \mathcal{G}$ .

This mapping sends  $(x, y) \in M \times M$  with  $f(x) \neq f(y)$  to the oriented geodesic from f(x) to f(y).

3.) Let  $f: M^{n-1} \to \mathscr{H}^n$  be an immersion of a closed, oriented hypersurface in a Cartan-Hadamard manifold, with secant mapping  $\mathscr{S}: M \times M \to \mathscr{G}$ .

One can show, via the double fibration of the unit tangent bundle  $U(\mathcal{H})$  over  $\mathcal{H}$  and  $\mathcal{G}$ , that:

$$\int_{\mathscr{H}} w^2(M,p)dp = C_n \int_{M \times M} r \,\mathscr{S}^*(dl)^{n-1}.$$
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This can be used to show:

$$\iint_{M \times M} \frac{1}{r^{n-2}} dVol_{M \times M} \ge C_n \int_{M \times M} r \mathscr{S}^*(dl)^{n-1},$$
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with equality only if *M* is the boundary of a domain isometric to a flat ball.

The inequality in (10) can be adapted for submanifolds M of  $\mathcal{H}$  of arbitrary codimension:

Let  $f: M^m \to \mathscr{H}^n$  be an immersion of a closed, oriented m-manifold in a Cartan-Hadamard space  $\mathscr{H}^n$ . Let r(x, y) be the chordal distance function on  $M \times M$  as above.

Let  $\mathscr{S}: M \times M \to \mathscr{G}$  be the secant mapping to the space of geodesics in  $\mathscr{H}$  and dI the canonical symplectic form on  $\mathscr{G}$ .

Then:

$$\iint_{M \times M} \frac{1}{r^{m-1}} dVol_{M \times M} \ge \mathscr{C}_m \int_{M \times M} r \,\mathscr{S}^*(dl)^m. \tag{11}$$

Equality holds if and only if M is the boundary, possibly with multiplicity, of an embedded, totally geodesic submanifold  $\mathscr{D}^{m+1}$  isometric to a disk in  $\mathbb{R}^{m+1}$ .

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When the ambient space  $\mathcal{H}^n$  is Euclidean space  $\mathbb{R}^n$ , one can show:

$$\mathscr{C}_m \int_{M \times M} r \,\mathscr{S}^*(dl)^m = K_{n,m} \int_{H_{n-m-1}} \lambda^2(M,E) dE$$
(12)

The result above therefore gives a generalization of the Banchoff-Pohl inequality to Cartan-Hadamard manifolds.

#### Question

Let  $f: M^{n-2} \to \mathscr{H}^n$  be an immersion of a closed, oriented manifold of codimension 2 in a Cartan-Hadamard manifold.

For an oriented geodesic  $\gamma$  in  $\mathcal{H}$ , let  $\lambda(M, \gamma)$  be the linking number of M about  $\gamma$ .

Let  $dVol_{\mathscr{G}}$  be the canonical measure on the space of geodesics  $\mathscr{G}$ , given by the top power  $dl^{n-1}$  of the canonical symplectic form.

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Is it true that:

$$\iint_{M \times M} \frac{1}{r^{n-3}} \ge \mathscr{K}_n \int_{\mathscr{G}} \lambda^2(M, \gamma) dVol_{\mathscr{G}}, \tag{13}$$

with equality if and only if M is the boundary of a flat, totally geodesic disk of codimension 1?

#### Question

Let  $f: M^{n-2} \to \mathscr{H}^n$  be an immersion of a closed, oriented manifold of codimension 2 in a Cartan-Hadamard manifold.

For an oriented geodesic  $\gamma$  in  $\mathcal{H}$ , let  $\lambda(M, \gamma)$  be the linking number of M about  $\gamma$ .

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Teufel has proven this is the case for n = 3 [Te93].

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The results above extend to the case where the sectional curvature of a Cartan-Hadamard manifold is bounded above by a negative  $\kappa$ . These results then show that the equivalent of the generalized Cartan-Hadamard conjecture holds for the Banchoff-Pohl inequality.

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Yau has proven an isoperimetric inequality for Cartan-Hadamard manifolds with a negative upper curvature bound:

Theorem (Yau [Yau75])

Let  $\Omega$  be a domain in a complete, simply connected Riemannian manifold  $\mathscr{H}^n$  with the sectional curvature of  $\mathscr{H}^n$  bounded above by  $\kappa < 0$ . Then:

$$|\partial \Omega| > (n-1)\sqrt{|\kappa|}|\Omega|.$$
 (14)

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### The Generalized Cartan-Hadamard Conjecture

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We also prove the following sharp, quantitative version of Yau's isoperimetric inequality:

#### Theorem (H. [Hois21])

Let  $f: M^{n-1} \to \mathscr{H}^n$  be an immersion of a closed, oriented hypersurface in a Cartan-Hadamard manifold  $\mathscr{H}$ , with the sectional curvature of  $\mathscr{H}$  bounded above by  $\kappa < 0$ . Let w(M, p) be the winding number of M about a point  $p \in \mathscr{H}$ . Then:

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$$|M|^{2} - \left((n-1)\sqrt{|\kappa|} \int_{\mathscr{H}} |w(M,p)|dp\right)^{2} \geq \iint_{M \times M} \Psi_{\kappa}^{n}(r,|\nabla r|) dVol_{M \times M} > 0.$$
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Equality holds if and only if M is the boundary, possibly with multiplicity, of a domain isometric to a ball in a hyperbolic space of sectional curvature  $\kappa$ .

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### The Generalized Cartan-Hadamard Conjecture

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Let  $\Omega$  be a domain in a complete, simply connected Riemannian manifold  $\mathscr{H}^n$  with the sectional curvature of  $\mathscr{H}^n$  bounded above by  $\kappa < 0$ . Then:

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We also prove the following sharp, quantitative version of Yau's isoperimetric inequality:

#### Theorem (H. [Hois21])

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$$|M|^{2} - \left((n-1)\sqrt{|\kappa|} \int_{\mathscr{H}} |w(M,p)|dp\right)^{2} \geq \iint_{M \times M} \Psi_{\kappa}^{n}(r,|\nabla r|) dVol_{M \times M} > 0.$$
(16)

Equality holds if and only if M is the boundary, possibly with multiplicity, of a domain isometric to a ball in a hyperbolic space of sectional curvature  $\kappa$ .

The function  $\Psi_{\kappa}^{n}(r, |\nabla r|)$  is an explicit, non-negative, analytic function of the chordal distance *r*, and the norm of the gradient of *r* as a function on  $M \times M$ .  $\Psi_{\kappa}^{n}(r, |\nabla r|)$  is related to the volume of a geodesic ball in hyperbolic *n*-space.

For closed curves in Cartan-Hadamard surfaces with curvature bounded above by  $\kappa < 0$ , this can be combined with the earlier results to give:

#### Theorem (H. [Hois21], see also Howard [How98])

Let M be a closed curve in a complete, simply connected surface  $\mathcal{H}^2$  with curvature bounded above by  $\kappa < 0$ . Let L be the length of M and w(M,p) the winding number of M about  $p \in \mathcal{H}$ . Then:

$$L^{2} \geq 4\pi \int_{\mathscr{H}} w^{2}(M, p) dp + |\kappa| \left( \int_{\mathscr{H}} |w(M, p)| dp \right)^{2}.$$
(17)

Equality holds if and only if M is the boundary, possibly with multiplicity, of a domain isometric to a disk in the hyperbolic plane of curvature  $\kappa$ .

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