

Markov chains, mixing time
and connections with reconfiguration

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Combinatorial Reconfiguration workshop, Banff

Reconfiguration:

(my current understanding, based on Nishimura's 2018 survey)

We have

- a (finite?) set Ω of solutions to a problem instance
- a notion of **adjacency** of solutions
- the **reconfiguration graph** \mathcal{G} with vertex set Ω and edges given by **adjacency**

Usually (I imagine) Ω is **exponentially large** as a function of the “size” n of the problem instance.

Reconfiguration: many structural questions

- **reachability:**

Given $X, Y \in \Omega$, is there a path from X to Y in \mathcal{G} ?

- **connectivity:** Is \mathcal{G} connected?

- **shortest paths:**

Given $X, Y \in \Omega$, what is length of
shortest path from X to Y in \mathcal{G} ?

- **diameter:** What is the diameter of \mathcal{G} ?

Reconfiguration: many algorithmic questions, e.g.

- algorithms to decide **reachability**, **connectivity**,
- algorithms to find **shortest paths** or calculate **diameter**
- find “**best**” solution reachable from a given starting point

Related questions of **computational complexity**, **parameterised complexity** etc. Even **reachability** might be intractable!

Markov chains: (discrete time, finite state space)

We have

- a finite set Ω , called a **state space**
- some allowed **transitions**, with the next transition chosen **randomly** according to some rule
- a (directed) graph \mathcal{G} stores the set of all possible transitions

(We'll be more precise soon.)

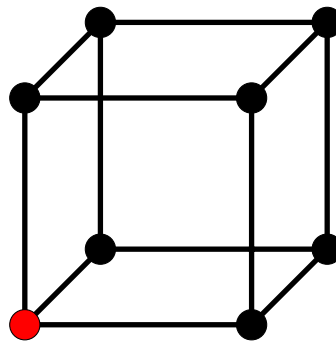
Usually Ω is **exponentially large** as a function of some parameter n .

A **Markov chain** \mathcal{M} on state space Ω is a **stochastic process** X_0, X_1, X_2, \dots which is **memoryless**:

$$\Pr(X_{t+1} = y \mid X_0 = x_0, \dots, X_t = x_t) = \Pr(X_{t+1} = y \mid X_t = x_t)$$

for all $t \in \mathbb{N}$ and $x_0, \dots, x_t, y \in \Omega$.

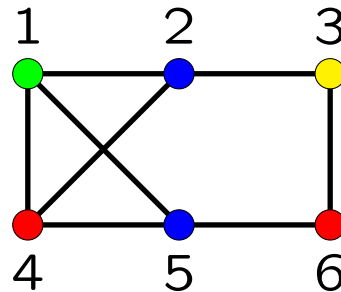
Here each $X_t = X_t(n)$ is a **random element** of a set $\Omega = \Omega_n$ which is usually **finite** but **exponentially large** with respect to some parameter n .



Example: A Markov chain for **graph colourings**.

Let $k \geq 3$ be a fixed integer and let $G = (V, E)$ be a graph. Write $[k] = \{1, 2, \dots, k\}$.

A **k -colouring** of G is a function $\sigma : V \rightarrow [k]$ such that if $\{x, y\} \in E$ then $\sigma(x) \neq \sigma(y)$.

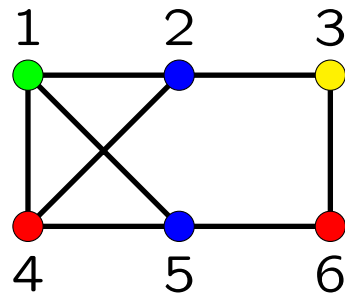


Let $\Omega_k(G)$ be the set of all k -colourings of G .

A simple Markov chain on $\Omega_k(G)$ has the following **transition procedure**: from the current state $X \in \Omega_k(G)$ do

- Choose $v \in V$ uniformly at random,
- Choose $c \in [k]$ uniformly at random,
- **Recolour** v with c to give a **new state** X' , **if possible**.
Otherwise, let $X' = X$.

This is the **Glauber dynamics** or **single-site update** chain.



$$(v, c) = (4, \blacksquare)?$$

$$(v, c) = (3, \blacksquare)?$$

We say that the Markov chain \mathcal{M} is **time-homogeneous** if the **transition probabilities** from a given state x are **independent of t** .

For a **time-homogeneous** chain, the transition probabilities can be stored in the **transition matrix P** of \mathcal{M} , with **rows and columns indexed by Ω** and entries

$$P(x, y) = \Pr(X_{t+1} = y \mid X_t = x).$$

Matrix P is **stochastic**: all rows sum to 1.

The matrix P is **too large** to work with directly. (e.g. can't find **eigenvalues** in **polynomial time**).

We can also define the **directed graph** \mathcal{G} underlying the **Markov chain**, with vertex set Ω and (x, y) a directed edge if and only if $P(x, y) > 0$, for all $x, y \in \Omega$.

A **self-loop** is a directed edge (x, x) in \mathcal{G} .

[Similar to “adjacency”, “reconfiguration graph”.]

If the state space Ω is **connected under moves of \mathcal{M}** then we say that \mathcal{M} is **irreducible**.

[This is (strong) “connectivity of the reconfiguration graph”.]

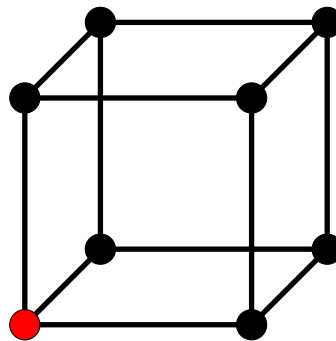
We don't usually worry about **shortest paths**, **diameter**.

Write $P_x^t(\cdot)$ for the distribution of state X_t of the Markov chain \mathcal{M} , after t steps from initial state $X_0 = x$.

Say \mathcal{M} is aperiodic if for all $x \in \Omega$,

$$\gcd\{t \in \mathbb{Z}^+ \mid P_x^t(x) > 0\} = 1.$$

One self-loop is sufficient to guarantee aperiodicity, if \mathcal{M} is irreducible.



Classical Markov chain theory

A row-vector π with nonnegative entries which add up to 1 is a **stationary distribution** of Markov chain \mathcal{M} if

$$\pi P = \pi.$$

We say that Markov chain \mathcal{M} is **ergodic** if it is **irreducible** and **aperiodic**.

If \mathcal{M} is ergodic then \mathcal{M} has a **unique stationary distribution** π such that $\pi(x) > 0$ for all $x \in \Omega$, and

$$\lim_{t \rightarrow \infty} P_x^t(y) = \pi(y)$$

for all $x, y \in \Omega$.

See for example: book by **Levin, Peres & Wilmer (2009)**.

How to find π ?

We say that Markov chain \mathcal{M} satisfies the **detailed balance equations** with respect to row vector ψ if

$$\psi(x) P(x, y) = \psi(y) P(y, x) \quad \text{for all } x, y \in \Omega.$$

We also say that \mathcal{M} is **reversible**, or **time-reversible**, with respect to ψ .

If \mathcal{M} is **ergodic** and satisfies **detailed balanced** with respect to some vector $\psi \neq \mathbf{0}$, then the **unique stationary distribution** π is given by **normalising** ψ .

In this case, the underlying graph \mathcal{G} is really **undirected**.

Example: A Markov chain for graph colourings.

Fact: The Glauber dynamics $\mathcal{M}_k(G)$ is irreducible on $\Omega_k(G)$ when $k \geq \Delta(G) + 2$, where $\Delta(G)$ is the maximum degree of G .

Also $\mathcal{M}_k(G)$ is aperiodic as $P(x, x) \geq 1/k$ for any $x \in \Omega_k(G)$. So $\mathcal{M}_k(G)$ is ergodic.

The transition probabilities satisfy

$$P(x, y) = \frac{1}{kn} = P(y, x)$$

whenever $x, y \in \Omega_k(G)$ differ on a single vertex, and $P(x, y) = 0$ for all other $x \neq y$.

The chain satisfies detailed balance with respect to $(1, 1, \dots, 1)$, so its stationary distribution is uniform.

We use the **detailed balanced** equations to **design** our Markov chains, so they have the **desired stationary distribution**.

In particular, if π is **uniform** then P must be **symmetric**.

We also need to prove **irreducibility**; that is, the underlying graph \mathcal{G} is **connected**.

Aperiodicity is easy: just ensure $P(x, x) > 0$ for all $x \in \Omega$.

Now we have a very well behaved Markov chain which **converges** to its **stationary distribution**.... eventually.

Q: How quickly?

For probability distributions σ, μ on Ω , the total variation distance between σ and μ is

$$d_{\text{TV}}(\sigma, \mu) = \frac{1}{2} \sum_{x \in \Omega} |\sigma(x) - \mu(x)|.$$

Define the mixing time $\tau(\varepsilon)$ of \mathcal{M} by

$$\tau(\varepsilon) = \max_{x \in \Omega} \min\{t \mid d_{\text{TV}}(P_x^t, \pi) < \varepsilon\}.$$

Here $\varepsilon > 0$ is a small user-defined tolerance.

We say that the Markov chain \mathcal{M} is rapidly mixing if $\tau(\varepsilon)$ is bounded above by some polynomial in $\log |\Omega|$ and $\log(\varepsilon^{-1})$.

This is a strong condition: we want to get **exponentially close** to the stationary distribution, over an **exponentially large state space**, in **polynomial time**.

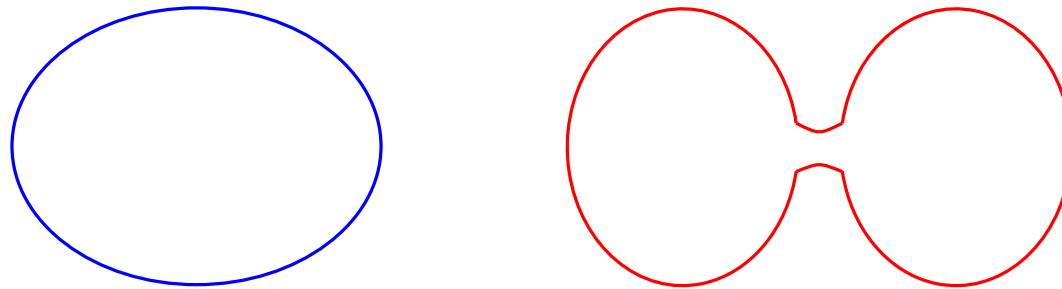
Linear algebra \Rightarrow eigenvalues of P **control convergence** of \mathcal{M} . But Ω is **too big** to allow **direct computation** of the eigenvalues in **polynomial time**.

Other methods:

- **coupling**
- **geometric arguments** [*]
- **functional inequalities**,
e.g. Poincaré inequality, log-Sobolev inequality

Geometry of the state space

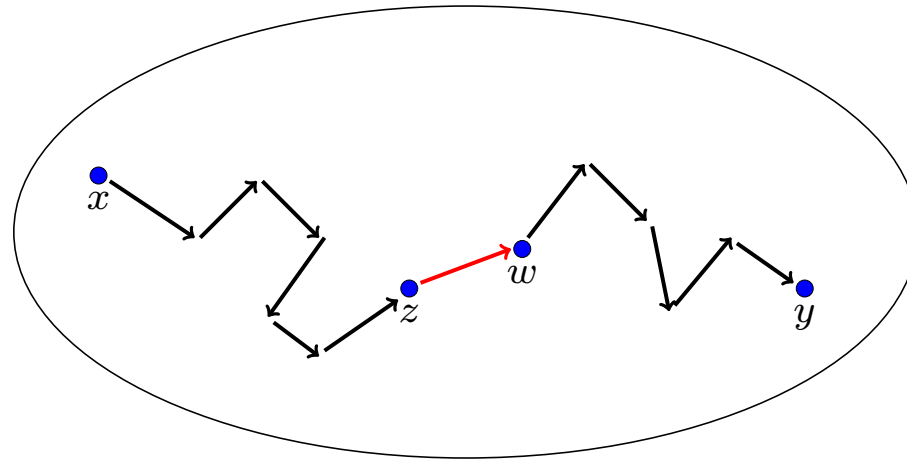
Which state space do you think encourages rapid mixing?



Constrictions in the state space make it **difficult** for the chain to **escape**: exponential mixing time!

Lack of constrictions allows chain to **mix freely**. Results by **Jerrum & Sinclair (1987)** make this precise: **conductance**.

Method II: Canonical paths



- For all pairs $(x, y) \in \Omega^2$, define a **path** γ_{xy} from x to y , where each step is a **transition** of the Markov chain.
- Analyse the **congestion** of the set of **all paths**: are any transitions **heavily loaded**? Then apply **Sinclair (1992)**.

NB: Canonical paths might not be shortest paths.

Instead, we want to avoid having too many paths going through the same edge of \mathcal{G} .

(These conditions almost seem orthogonal!??, somehow??)

Let \mathcal{M} be time-homogeneous, ergodic, reversible Markov chain with $N = |\Omega|$. The eigenvalues of the transition matrix P are real and satisfy

$$1 = \lambda_0 > \lambda_1 \geq \dots \geq \lambda_{N-1} > -1$$

and the mixing time of \mathcal{M} is controlled by

$$\lambda_{\max} = \max\{\lambda_1, |\lambda_{N-1}|\}.$$

If $\pi^* = \min\{\pi(x) \mid x \in \Omega\}$ then

$$\tau(\varepsilon) \leq (1 - \lambda_{\max})^{-1} \left(\log(1/\pi^*) + \log(\varepsilon^{-1}) \right).$$

See Sinclair (1992).

The quantity $(1 - \lambda_{\max})^{-1}$ is the relaxation time of \mathcal{M} .

Typically $\lambda_{\max} = \lambda_1$. This can be guaranteed by making the chain *lazy*, that is, replacing P with $(I + P)/2$.

However, a method of [Diaconis & Saloff-Coste \(1993\)](#) can be applied directly to bound $(1 + \lambda_{N-1})^{-1}$, without resorting to *laziness*.

As a special case, if *every state has a self-loop* then

$$(1 + \lambda_{N-1})^{-1} \leq \frac{1}{2} \max_{x \in \Omega} P(x, x)^{-1}.$$

The point is, we can *focus on λ_1* .

The quantity $1 - \lambda_1$ is called the *spectral gap*.

Sinclair (1992): Let \mathcal{M} be time-homogenous, ergodic and reversible with stationary distribution π .

Let $\Gamma = \{\gamma_{xy} \mid x, y \in \Omega\}$ be a set of canonical paths for \mathcal{M} . Define the congestion

$$\bar{\rho} = \bar{\rho}(\Gamma) = \max_{zw \in E(\mathcal{G})} \frac{1}{\pi(z)P(z, w)} \sum_{\gamma_{xy} \ni zw} \pi(x)\pi(y) |\gamma_{xy}|$$

where $|\gamma_{xy}|$ is the length of the path γ_{xy} .

Then

$$(1 - \lambda_1)^{-1} \leq \bar{\rho}.$$

So we want an upper bound on $\bar{\rho}$ which is polynomial in $\log |\Omega|$.

Theorem (Sinclair, 1992)

Suppose that \mathcal{M} is time-homogenous, ergodic and reversible, and let Γ be a set of canonical paths for \mathcal{M} . Then

$$(1 - \lambda_1)^{-1} \leq \bar{\rho}.$$

Proof. Let $L = I - P$, so that the eigenvalues of L are $\mu_i = 1 - \lambda_i$. The variational characterisation of μ_1 is

$$\mu_1 = \inf_{\psi} \frac{\sum_{x,y \in \Omega} (\psi(x) - \psi(y))^2 \pi(x) P(x,y)}{\sum_{x,y \in \Omega} (\psi(x) - \psi(y))^2 \pi(x) \pi(y)},$$

with the infimum taken over all non-constant functions $\psi : \Omega \rightarrow \mathbb{R}$.

Now

$$\begin{aligned} & \sum_{x,y} (\psi(x) - \psi(y))^2 \pi(x)\pi(y) \\ &= \sum_{x,y} \pi(x)\pi(y) \left(\sum_{e \in \gamma_{xy}} (\psi(e^+) - \psi(e^-)) \right)^2 \\ &\leq \sum_{x,y} \pi(x)\pi(y) |\gamma_{xy}| \sum_{e \in \gamma_{xy}} (\psi(e^+) - \psi(e^-))^2, \end{aligned}$$

writing $e = e^-e^+$ for each $e \in \gamma_{xy}$. The final line uses the **Cauchy–Schwarz inequality**.

Exchanging the order of summation gives

$$\begin{aligned}
 & \sum_{x,y} (\psi(x) - \psi(y))^2 \pi(x)\psi(y) \\
 & \leq \sum_e (\psi(e^+) - \psi(e^-))^2 \sum_{\gamma_{xy} \ni e} \pi(x)\pi(y) |\gamma_{xy}| \\
 & \leq \sum_e (\psi(e^+) - \psi(e^-))^2 \pi(e^-) P(e^-, e^+) \rho(\bar{\Gamma}) \\
 & = \rho(\bar{\Gamma}) \sum_{x,y} (\psi(x) - \psi(y))^2 \pi(x) P(x, y),
 \end{aligned}$$

which implies that

$$1 \leq \bar{\rho}(1 - \lambda_1),$$

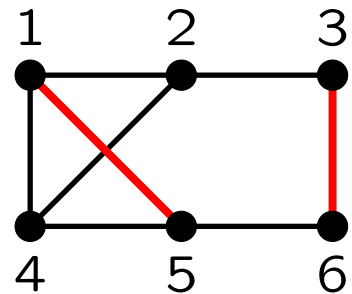
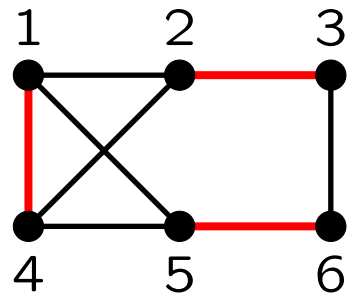
completing the proof. □

Example:

A Markov chain for perfect and near-perfect matchings.

Let $G = (V, E)$ be a graph. A matching in G is a set of edges $M \subseteq E$ such that no vertex is incident with more than one edge of M .

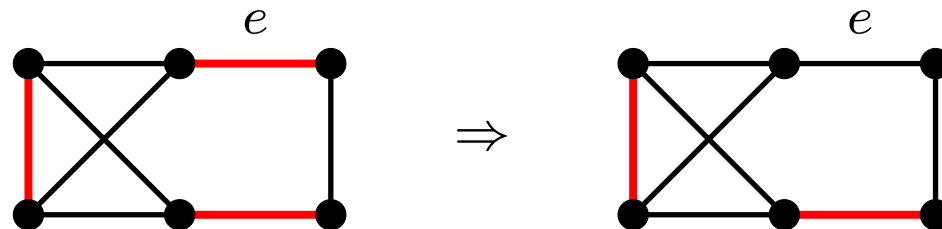
If $|V| = 2n$ and $|M| = n$ then M is a perfect matching. Matchings with $n - 1$ edges are called near-perfect.



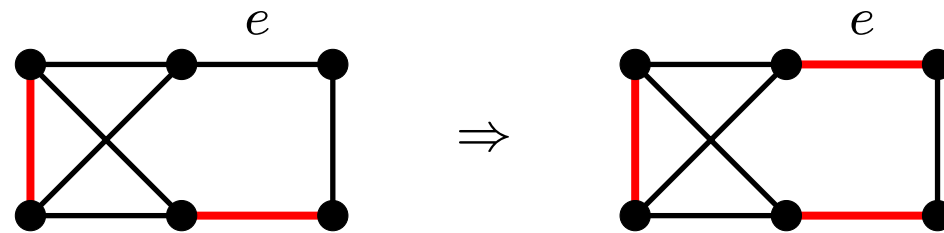
Let \mathcal{P} be the set of all perfect matchings of G and let \mathcal{N} be the set of all near-perfect matchings of G . Broder (1986) introduced a Markov chain with state space $\mathcal{P} \cup \mathcal{N}$.

From current state $M \in \mathcal{P} \cup \mathcal{N}$,

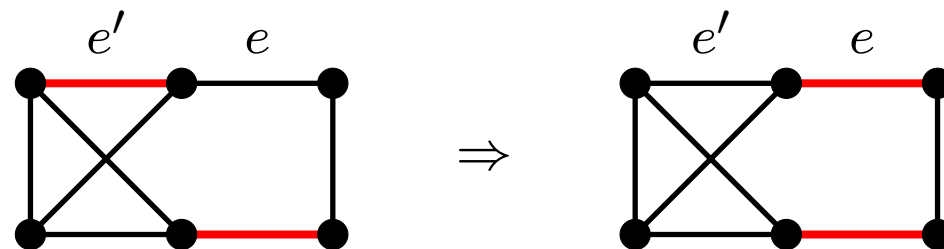
- with probability $\frac{1}{2}$ let $M' = M$; otherwise:
 - Choose $e = uv \in E(G)$ uniformly at random.
 - If $M \in \mathcal{P}$ and $e \in M$ then let $M' = M \setminus e$.



- If $M \in \mathcal{N}$ and both u, v are **unmatched** in M then let $M' = M + e$.



- If $M \in \mathcal{N}$ and **exactly one** of u, v are **matched** in M , with matching edge e' , then let $M' = (M \setminus e') + e$.



The Broder chain is irreducible (honest!), and aperiodic (in fact it is lazy).

If $P(M, M')$ is nonzero for distinct M, M' then

$$P(M, M') = \frac{1}{2m} = P(M', M),$$

where m is the number of edges of G .

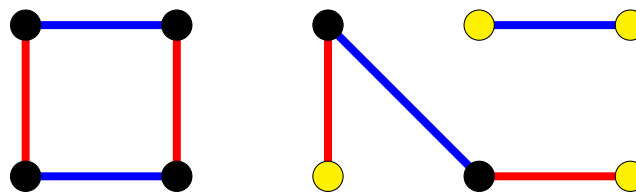
So the stationary distribution is uniform.

Broder (1986) applied coupling to try to analyse this chain, but his proof was incorrect. Jerrum & Sinclair (1989) used canonical paths.

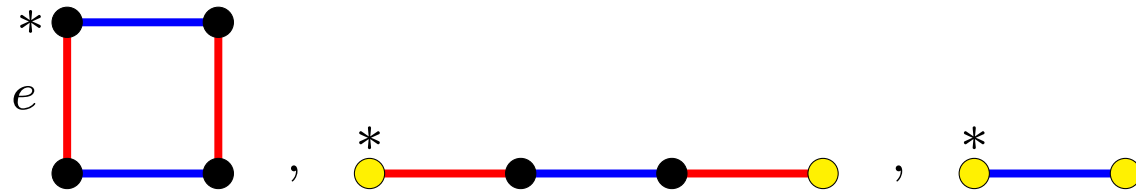
Let M, M' be two elements of $\mathcal{P} \cup \mathcal{N}$.



The symmetric difference $M \oplus M'$ is the disjoint union of cycles and at most two paths.



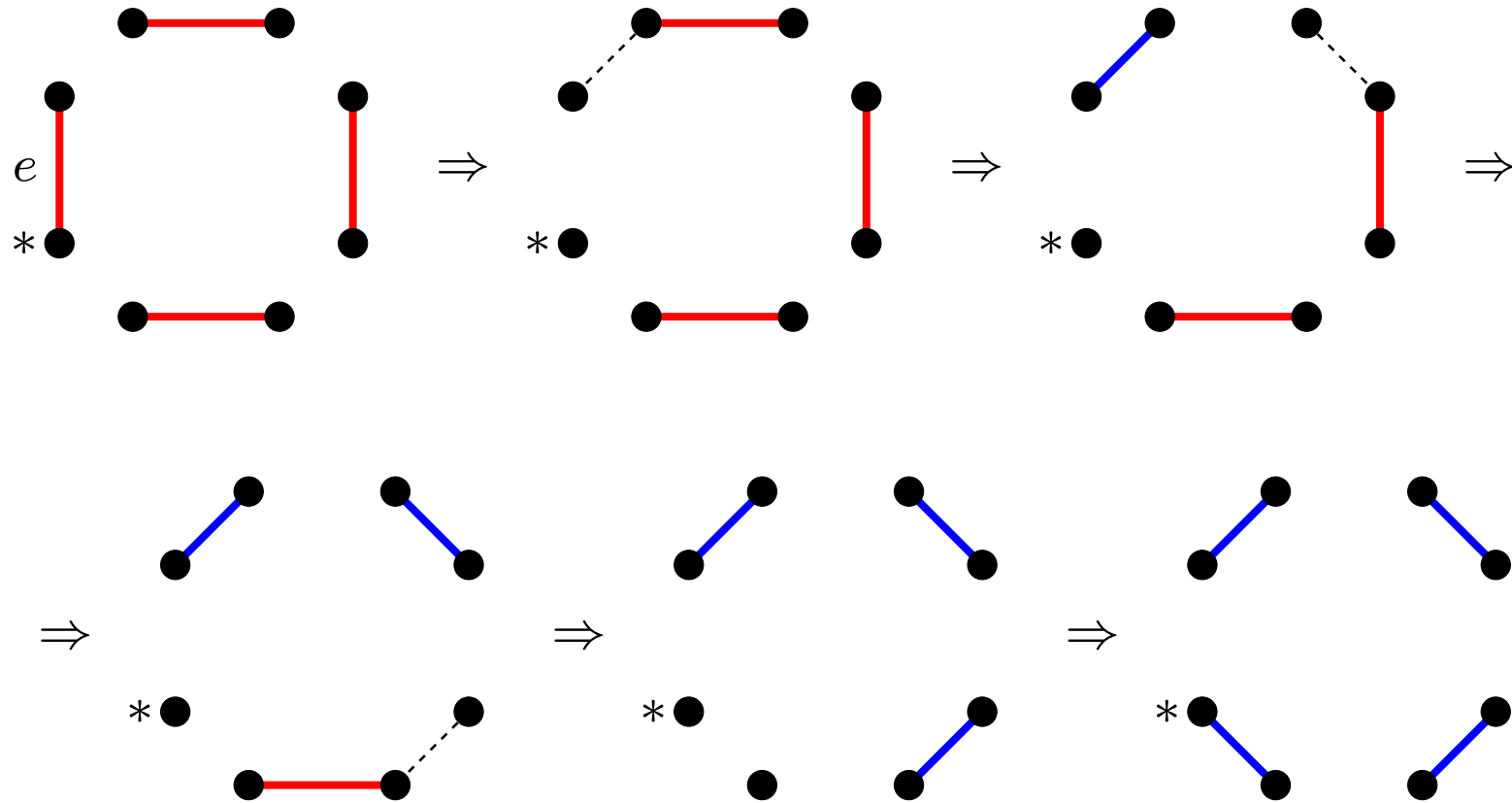
We **process** the components of $M \oplus M'$ in some **canonical order**, and let the **start vertex** of each cycle (respectively, path) be the **least labelled** vertex (respectively, endvertex) in the cycle/path.



Denote by $e = e(C)$ the edge of M incident with the start-vertex of each **cycle** C .

With each component we process, we **add a few more steps** to our **canonical path** from M to M' .

How to process a cycle:



Paths are processed **similarly**. This defines a **canonical path** γ_{XY} between each pair $(X, Y) \in \mathcal{P} \cup \mathcal{N}$.

Now we must **analyse** the set of canonical paths $\Gamma = \{\gamma_{XY}\}$. What is the **load** on each transition?

Key tool: define the **encoding** $\eta_t(X, Y)$ of the transition t on the canonical path γ_{XY} , such that if you know $t = (M, M')$ and η_t then you can uniquely recover (X, Y) .

Encodings used in **Jerrum & Sinclair (1989)**:

If $t = (M, M')$ where $M, M' \in \mathcal{N}$ and we are processing a **cycle**, then

$$\eta_t(X, Y) = (X \oplus Y \oplus (M \cup M')) \setminus \{e\},$$

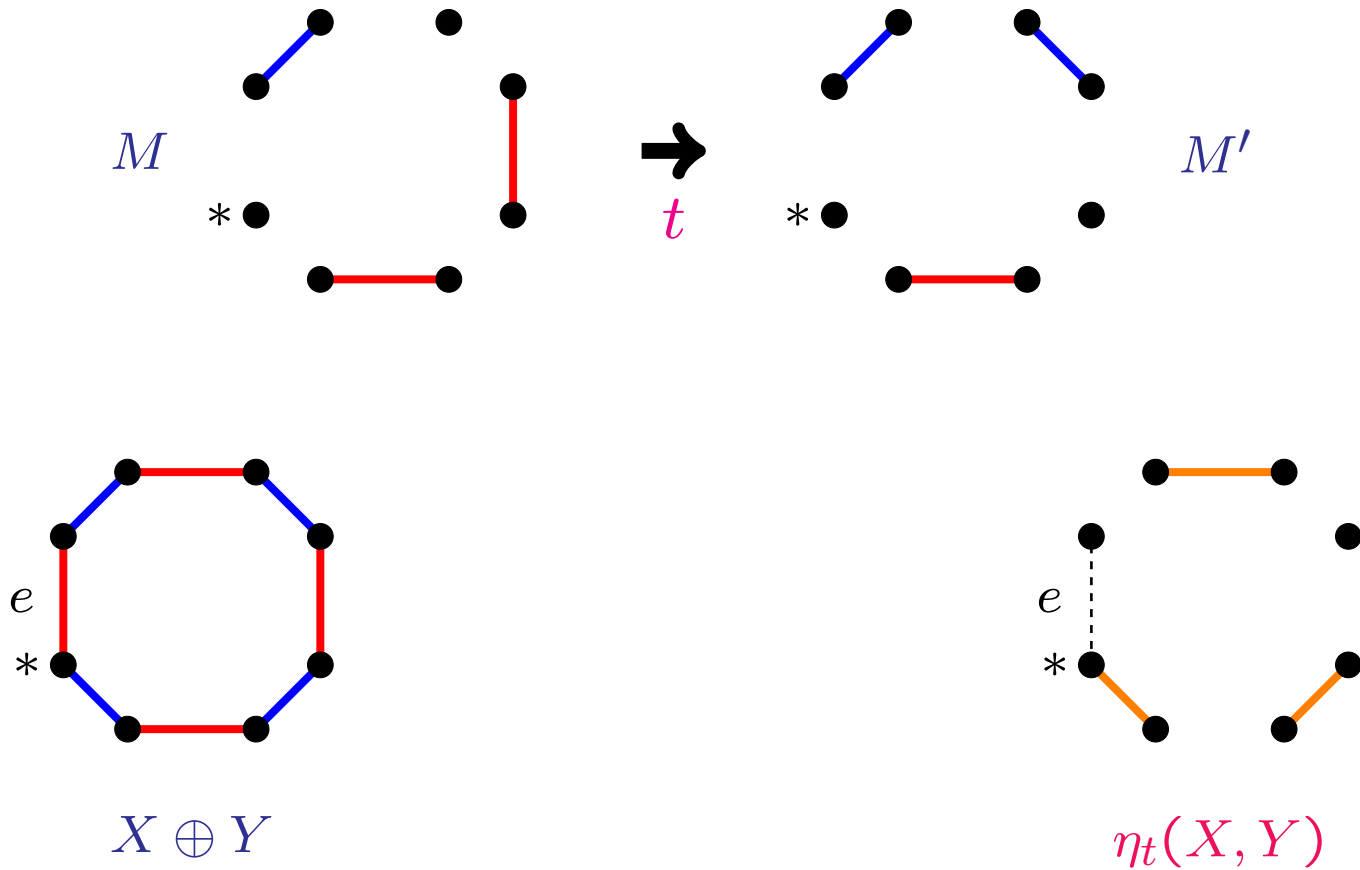
where e is the edge of X adjacent to the start-vertex of the cycle; and otherwise

$$\eta_t(X, Y) = X \oplus Y \oplus (M \cup M').$$

Q: Why remove e ?

A: This ensures that $\eta_t(X, Y)$ belongs to $\mathcal{P} \cup \mathcal{N}$.

Example: $\eta_t(X, Y) = (X \oplus Y \oplus (M \cup M')) \setminus \{e\}$



Facts:

- The encoding $\eta_t(X, Y)$ is either a perfect or near-perfect matching of G .
- If you know $t = (M, M')$ and η_t then you can uniquely recover (X, Y) .

Hence no transition lies on more than $|\mathcal{PUN}|$ canonical paths.

Also, if G has $2n$ vertices then $|\gamma_{XY}| \leq 2n$ for all $X, Y \in \mathcal{PUN}$.

Thus

$$\begin{aligned}\bar{\rho} &= \max_{zw \in E(G)} \frac{1}{\pi(z)P(z,w)} \sum_{\gamma_{xy} \ni zw} \pi(x)\pi(y) |\gamma_{xy}| \\ &\leq |\mathcal{P} \cup \mathcal{N}| 2m \cdot |\mathcal{P} \cup \mathcal{N}| \cdot \frac{2n}{|\mathcal{P} \cup \mathcal{N}|^2} \\ &= 4mn.\end{aligned}$$

Also

$$1/\pi^* = |\mathcal{P} \cup \mathcal{N}| \leq (2n)! \leq \exp(2n \log n).$$

Jerrum & Sinclair (1989): The Broder chain has mixing time

$$\tau(\varepsilon) \leq 4mn(2n \log n + \log(\varepsilon^{-1}))$$

where G has n vertices and m edges.

The canonical path method is a thing of beauty, when it works. But...

- * Usually, it does NOT lead to tight bounds, and
- * Finding a good set of canonical paths can be tricky.

Huang, Lu & Zhang (SODA 2016),

“Canonical paths for MCMC: from art to science”.

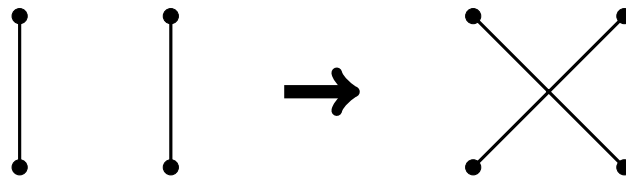
They build on work of McQuillan (2013) to reduce the task of designing canonical paths to solving a system of linear equations.

Sinclair (1992) introduced the multicommodity flow method, where $\pi(x)\pi(y)$ units of flow are split across a set of paths from x to y in \mathcal{G} .

This method has been used to analyse the switch chain for sampling graphs (or directed graphs or bipartite graphs) with given degree sequence, under various conditions.

Transitions:

From a given graph, choose a pair of non-incident edges randomly and replace them by a (randomly chosen) pair of edges without changing the degree sequence.



The switch chain is **ergodic** and its stationary distribution is **uniform**.

The switch chain has been shown to be **rapidly mixing** in various situations, by several authors, using **multicommodity flow**. (See for example my BCC 2021 talk.)

But the mixing time bounds are **just awful**, e.g. **Cooper, Dyer, Greenhill (2007)** proved that

$$\tau(\varepsilon) \leq d^{23} n^8 (dn \log(dn) + \log(\varepsilon^{-1}))$$

for d -regular graphs on n vertices.

Q: Is it really this bad?

A: Maybe not.

Tikhomirov & Youssef, [arXiv.2007.02729](#) proved a mixing time bound of

$$C dn \left(dn \log dn + \log(2\varepsilon^{-1}) \right)$$

for the **switch chain** on d -regular **bipartite** graphs, where $3 \leq d \leq n^c$, for some constants $c, C > 0$.

This is a **huge** improvement on any previously-known bound.

Proof is **long & technical**, involves establishing a **Poincaré inequality** to bound the eigenvalues of the chain **directly**.

Connections with approximate counting

If a problem is “self-reducible” then approximate counting can be reduced to approximately uniform sampling, e.g. using Markov chains.

Other approaches to approximate counting using deterministic algorithms:

- correlation decay method (Weitz, 2006)
- polynomial interpolation method (Barvinok, 2016)

Some related **computational complexity** questions, mostly related to **approximate counting**:

Q: Is the counting problem **#P-complete**?

Dyer, Goldberg, Greenhill, Jerrum (2003) defined **approximation-preserving reductions** (AP-reductions) and identified 3 classes of **approximate counting problems**:

- solvable in **randomized polynomial time** (RP),
- AP-interreducible with **#SAT**,
- AP-interreducible with **#BIS**

Here **#BIS** is the problem of counting **independent sets** in **bipartite graphs**.

* **Thank you!** *